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NC 27514 | USA

ph 9199292249 | fx 9199321508 | www.sirreadalot.org

August 2018

August 2018

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Business & Economics / Education & Training / Guides

[Business Writing Today: A Practical Guide, 3rd edition](#) by Natalie Canavor (Sage Publications, Inc.)

[Business Writing Today](#) prepares students to succeed in the business world by giving them the tools they need to write powerfully, no matter the challenge. In the practical text, author Natalie Canavor, business writer, author and journalist, shares step-by-step guidance and tips for success to help students write more clearly and strategically.

Readers learn what to say and how to say it in any medium from tweets and emails to proposals and formal reports. Every technique comes with concrete examples and practice opportunities, helping students transfer their writing skills to the workplace. The **3rd edition** is packed with new examples, practice opportunities, and coverage of important topics like strategic editing, impromptu speaking, crafting a digital presence, and networking.

New to this **3rd edition** of [Business Writing Today](#):

- Updated examples, success tips, resources, and expanded material on subjects that relate to students' most pressing interests and reflect current directions of professional communication.
- Expanded coverage of important topics like networking, storytelling, creating a positive online presence, and visually-based media.
- New and updated good and not-so-good writing samples throughout to show readers where and what to revise.
- A reorganized and streamlined table of contents organized into four major parts, moving from basics into more advanced topics.
- Nine new "Views from the Field" include advice on networking, building rapport, and creating personal introduction videos.
- A new chapter on editing includes practical strategies for improving drafts and fixing common writing issues.

A greater emphasis on strategic thinking and problem-solving helps students develop their insight into the perspectives of others so they are better able to represent their own interests and contribute more on the job. This edition more closely connects writing skills with oral communication, relationship-building, a strategic online presence, and students' hopes to become valued employees, leaders, and entrepreneurs. During her own successive careers as a magazine editor, journalist and public relations manager, Canavor says she has watched far too many talented people sabotage their success through bad writing. She learned on the job, like most professional writers, and she took

endless workshops from writing specialists. In turn she began sharing her discoveries and helped business people, professionals and communicators skip all that trial and error and write better. It was rewarding: she found that once people understood what works, they could dramatically improve their writing and reap surprising rewards. As an instructor at NYU she was able to experiment with her own version of an advanced writing seminar, which led to the first edition of this book and six years of teaching.

[Business Writing Today](#) is designed for the classroom, with a wide range of assignments, activities, discussions and project ideas. However, it can also be deployed as a self-help book that students can use on their own.

This 3rd edition of [Business Writing Today](#) makes it easier to use the book in both ways: in the class and independently. The learning sequence is more logically organized, progressing from core ideas about goals, audiences and the tools of persuasion to practical techniques for writing and editing. The chapters then demonstrate how to apply the strategies to everyday messaging, more formal business documents and materials, online writing and presentations. A job application chapter focuses on resumes and cover letters. An appendix pulls it all together with additional sentence practice, big-picture activities and self-improvement planning.

The principles of good business writing hold rock steady, no matter how the media landscape shifts. The thinking structure at the heart of [Business Writing Today](#) equips students to handle even newly emerging channels with confidence.

This is the real-deal writing guide for serious business majors. – Astrid Sheil, California State University, San

Bernardino

An easy-to-read, informative guide with practical, real-world examples supported by evidence. It reads like the author is your personal tutor elevating you on the path to success. – Alyssa Wertz, Merrimack College

An excellent introductory text with advice useful to the most seasoned professional; it covers virtually all the bases of professional writing in today's workplaces. It is much more than simply what its title implies – a business writing handbook. – M. Elizabeth Weiser

A comprehensive book that is a comfortable read. – Mary Lynn Engel
The book provides a solid foundation for technical writers who are just entering the field. At every level it shows audience-centered communication as paramount to success in the business world. – Geoffrey Luurs

[Business Writing Today](#) is an excellent practical resource for anyone hoping to succeed business writing 2.0. – Michelle Davidson

It's full of practical advice that places emphasis on audience, purpose, and identity. An affordable text that doesn't get caught up in the details of spacing and appearance, but instead focuses on what makes good writing good. – Steven Engel

The book is concisely written, well-organized, and has plenty of up-to-date examples. – Rod Carveth

This is a good introduction to business communication that allows students to easily understand concepts. The writing is conversational. Examples for what not to do are followed up with how to revise those examples. This text does not merely tell you how to write. It shows you how you might write the draft or how you write now, and then provides you with a good example of how to revise or write differently next time. – Renee Nelms King

[Business Writing Today](#), 3rd edition, helps students accomplish their goals and become more successful people with happier lives. And the book helps teachers create more effective communicators and writers who are motivated to keep learning and growing. A new appendix includes new writing activities, new assignments, and cheat sheets for students, making this highly practical text the most applied edition yet. <>

Business & Economics / Management / Healthcare / Philosophy

[The Mechanical Patient: Finding a More Human Model of Health](#), 1st edition by Sholom Glouberman (Routledge, A Productivity Press Book)

Healthcare is very much dependent on the model of the patient that is assumed by healthcare providers. The current model derives from a chemical/mechanical view of the patient body: we are healthy if all of our mechanical parts are working properly and if all of the chemicals in our body are in the right proportions and have the appropriate reactions. This view became the central basis of medical practice only in the late 19th century after several hundred years of research and professional politics.

[The Mechanical Patient](#) traces the intellectual development of the chemical/mechanical model of the patient and its implementation. This book names the problem that we have with the mechanical patient and prepares us to respond to its exaggerated place in our society. It provides a historical and conceptual background and explains how the chemical/mechanical model of health gained such a strong hold over our thinking and took the place of the earlier Galenic humoral model. It sketches a promising outline of a more

humanized model for understanding health and calls for help to fully articulate it. It joins a growing movement to go beyond our current chemical/mechanical orientation. Author Sholom Glouberman is Philosopher in Residence at Baycrest Health Sciences in Toronto. He was a planner and adviser at the McGill University Health Centre in Montreal, a Fellow at the King's Fund in London England, the director of Health Policy for Canadian Policy Research Networks, the director of the International Health Management Program at McGill University and the founder of Patients Canada.

[The Mechanical Patient](#):

- Identifies a current problem with health care that has been widely felt but not actually named: the chemical/mechanical model of health.
- Describes, for the first time, how the model originated and uses the circumstances of Robert Boyle to explain the allure of the model and why it was pursued.
- Retells the story of scurvy and identifies a logical problem with controlled trials that has so far not been seen.
- Describes the circumstances that led to the academic acceptance of the chemical/mechanical model of health in the late 19th century.
- Presents a coherent explanation of increased global longevity that relies on social and relational factors as well as chemical/mechanical ones.
- Attempts an early version of a social/relational model of health.

The concept of the mechanical patient has been so deeply embedded in our thinking that when patients and practitioners have strong feelings that

something is wrong, they have some difficulty expressing their reservations. Simply arguing against the current situation has done little good.

[The Mechanical Patient](#) disentangles the issues associated with the model. It clarifies how we got to this point and suggests responses to the exaggerated place of the mechanical model in our society. It develops strong arguments for a more humanized way of understanding health and its place in our lives, outlines some of its features, and joins a growing movement to go beyond our current chemical/mechanical orientation.

[The Mechanical Patient](#) begins with an account of the origins of the first Western medical model. Galen's humoral medicine owed much to Aristotelian science and ethics. Humoral remedies remain in use today: We still go to spas that had their origins in antiquity, and drink hot soups for colds.

[The Mechanical Patient](#) tells us how the chemical aspect of the model evolved from Renaissance alchemy, the conception of the body as a machine from Cartesian philosophy, and experimental science from the time of the Royal Society. The book depicts the prominent roles played by such philosopher scientists as Paracelsus, Francis Bacon, Rene Descartes, and John Locke. The book puts special emphasis on Robert Boyle as a central figure in seventeenth century science.

[The Mechanical Patient](#) describes the acceptance of the model by a growing research community and its application to experimental developments in medicine and surgery. By the beginning of the twentieth century the model had become the core of medical education and practice in the Western world, and mechanical patients became the norm. We are living longer, and this increased longevity was at first attributed to the

success of mechanical medical science consisting of improved public health and more available medical treatment. In 1960s, Thomas McKeown – a physician and historian of medicine – opposed this view by arguing that people were living longer not because they had more access to better doctors but because they lived in improved social environments and exhibited healthier behaviors. An entire literature on the social determinants of health followed along with the beginnings of a slow movement toward a more social and relational model of health. Just as Galenic medicine was internalized in earlier centuries, so has the idea of the mechanical patient become deeply integrated into our thinking, even though aspects of it are patently false. Despite acknowledging the importance of social and relational contributors to health, we continue to be enthralled by the mechanical model.

Because any successful model must become a staple of medical thinking and public policy, it will take a long time for a social/relational model of health to gain widespread acceptance. [The Mechanical Patient](#) sketches the beginnings of such a model and indicates the need for a collective effort to accelerate its articulation and promotion. <>

Business & Economics / Management
[Reinforcements: How to Get People to Help You](#) by Heidi Grant (Harvard Business Review Press)

People are surprisingly willing to give support – if one asks for it in the right way – reveals Heidi Grant in her new book, [Reinforcements](#).

Grant, PhD, is a social psychologist who researches, writes, and speaks about the science of motivation. She is Global Director of Research & Development at

the NeuroLeadership Institute and serves as Associate Director of Columbia's Motivation Science Center.

Here's the funny thing: even though we hate to ask for help, most people are wired to be helpful. And that's a good thing, because every day in the modern, uber-collaborative workplace, people all need to know when and how to call in the cavalry. However, asking people for help isn't intuitive; in fact, a lot of our instincts are wrong. As a result, we do a poor job of calling in the reinforcements we need, leaving confused or even offended colleagues in our wake.

Whether readers are first-time managers or seasoned leaders, getting people to pitch in is what leadership is. Fortunately, people have a natural instinct to help other human beings; they just need to know how to channel this urge into what it is they specifically need them to do.

In [Reinforcements](#) social psychologist Grant explains the reasons behind why we hate asking for help, the right ways to ask for assistance, and why people understanding their efforts' impact is critical for our success. Grant discusses the research on social intelligence and details the techniques we can use to increase the odds that people will want to help us and allow them to feel genuinely good about doing so.

Grant's four steps to getting the help one needs are:

- The Helper Needs to Notice That They Might Need Help – Sometimes, people assume others realize that they need assistance, but in reality they can be preoccupied with other matters.
- The Helper Needs to Believe They Desire Help – People are not mind readers, declaring their

request is necessary to get their aid.

- The Helper Needs to Take Responsibility for Helping – Instead of asking a group generally, one needs to make an individual request so there is a clear commitment and no confusion.
- The Helper Needs to Be Able to Provide the Help They Need – The request needs to be reasonable and they should be open to receiving help that is different than what was asked for.

According to Grant, asking for help is tricky and some things we say can really backfire, including:

- Overdoing it on empathy.
- Apologizing profusely.
- Using disclaimers.
- Emphasizing how much the other person will love helping.
- Portraying the help they need as a tiny, insignificant favor.
- Reminding people they owe them one.
- Talking about how much their help will benefit them.

[Reinforcements](#) is a pragmatic book that helps readers understand why their fear of asking for help is so misguided, removing the obstacles that stand in the way of others helping them, and triggering the motivations that make others gladly rush to their aid.

Everyone – seriously, everyone – will benefit from reading [Reinforcements](#). With graceful prose and a firm grasp of the science, Heidi Grant shows how to seek assistance in ways that leave both the asker and the helper feeling positive, effective, and ready to help again. – Daniel H. Pink, author of *When and Drive*

No one can do it alone. Whatever your project, mission, or job, you'll almost certainly need assistance to succeed.

Heidi Grant's [Reinforcements](#) shows you the path forward. – Dorie Clark, author, *Entrepreneurial You and Reinventing You*

As always, Grant provides a masterful blend of theory and practical advice that is as entertaining as it is useful. – Art Markman, Founding Director, Human Dimensions of Organizations program, University of Texas; author, *Smart Thinking and Brain Briefs*

This brief but brilliant book will have a lasting impact on how you ask for (and get) more help in your work and life. – David Burkus, author, *Friend of a Friend*
A powerful, practical book on how to attract allies and gain support for your ideas. Required reading for anyone who wants to get things done with the help of others. – Thomas Wedell-Wedellsborg, author, *Innovation as Usual*

[Reinforcements](#) is a delightful and surprising masterpiece. Grant's compelling weave of stories and studies shows how to ask for help (and how not to), and – believe it or not – why, when you ask others for help, you do them a big favor. – Robert Sutton, professor, Stanford University; author, *The Asshole Survival Guide* and coauthor of *Scaling Up Excellence*

[Reinforcements](#) explains how to get it right. With humor, insight, and engaging storytelling, Grant describes how to elicit helpful behavior from your friends, family, and colleagues – in a way that leaves them feeling genuinely happy to lend a hand. <>

Cooking, Food & Wine

[Fix, Freeze, Feast: The Delicious, Money-Saving Way to Feed Your Family; Stock Your Freezer with Ready-to-Cook Meals; 150 Recipes, 2nd edition](#) by Kati Neville & Lindsay Ahrens (Storey Publishing, LLC)
With this updated **2nd edition** of a best-selling cookbook, readers can have it all – great tasting, nutritious meals that

don't break the bank or their daily schedule. Readers learn to cook one recipe in bulk and stock their freezer with three nights of homemade dinners for their families in [Fix, Freeze, Feast](#). Updated recipes incorporate fresh, seasonal produce, along with bulk grains and beans.

Using the **1st edition**, for almost a decade, busy families have been using the meal prep methods and recipes in the book to put healthy and affordable meals on the table in less time. Now with new recipes, [Fix, Freeze, Feast, 2nd edition](#), is ready to arm a new generation of families with a freezer full of ready-to-cook homemade meals. Each recipe makes enough food to feed a family of four for three nights (or more), so cooks maximize their efforts on prep days. Main dishes like Asparagus and Potato Frittata, Tuscan Meatloaf, and Pecan-Crusted Chicken Strips join soups, sides, sauces, and snacks, plus breakfast classics like granola and burritos. Instead of costly takeout or commercially prepared freezer meals, families can enjoy the global flavors of Sweet Asian Chicken, Spanish Rice, and Caribbean Pork Tenderloin with little fuss. The **2nd edition** of [Fix, Freeze, Feast](#)

features more than a dozen new recipes, including some that are plant-based and globally inspired, as well as revisions to previous recipes. Updated for the way people cook today, these meals are lighter and fresher than traditional bulk-cooking recipes, with a focus on simple stir-fries, quick grilled main courses, and vegetable-packed sides. Beautiful color photography and a fresh design showcase the meals.

[Fix, Freeze, Feast](#) makes feeding a family easier. Following are just a few of the benefits readers enjoy when they use these recipes:

- **ECONOMY:** Every time they eat from the freezer they save

money, especially if it takes the place of frequently eating out.

- **TIME MANAGEMENT:** If readers normally shop daily and cook one meal at a time, the method will save an hour or more every day.
- **CONVENIENCE:** Things come up: There are evenings when everyone in the family is busy; late or unplanned meetings cut into cooking time; children's school friends or other unexpected company stops by; a friend is in need. It is wonderful to have a few meals on hand, for every day or just in case.
- **ADAPTABILITY:** If readers watch what they eat – for whatever reason – make-ahead meals will help them stay on track.
- **VARIETY:** An interesting selection of freezer meals integrated with fresh meals and the occasional restaurant treat will prevent food boredom.
- **FUN:** Some readers work through these recipes with a friend or two. Sharing stories and laughter makes the time seem less like work and more like play.
- **ACCOMPLISHMENT:** It's a wonderful feeling to have nourishing food in the freezer and an organized and efficient approach to daily dinners.

As former owners of meal-preparation businesses, Neville and Ahrens bring readers their best of the best in [Fix, Freeze, Feast](#). These recipes are straight from their stash – tried, tested, and true. Past customers have made many of these recipes countless times and rave about the delicious results.

If you love delicious homecooked food, but don't want to spend your whole life making it, this is the book for you! This beautiful new edition is stuffed with

remarkable recipes, and clever time and money saving tips; it's the perfect blend of inspiring and practical. –

Leanne Brown, author of *Good and Cheap*

With a wide variety of unique but unpretentious recipes, this book proves that make-ahead meals aren't limited to soups and casseroles. I can't wait to stock my freezer with ready-to-cook meals! – Beth Moncel, *BudgetBytes.com*

Whether readers are novices or advanced cooks, bargain shoppers or people with money to spare, time-starved or leisurely from-scratch cooks, they will find plenty of wonderful recipes and tips in [Fix, Freeze, Feast](#). With the time-tested methods and recipes in the book, busy schedules no longer need to interfere with the best intentions of thrifty families. <>

Cooking, Food & Wine / Distilling / Crafts & Hobbies

[Tabletop Distilling: How to Make Spirits, Essences, and Essential Oils with Small Stills](#) by Kai Möller (Schiffer Publishing Ltd)

With a small, 0.5-liter distiller, readers can easily create fine brandies, whiskies, and even essential oils in their own kitchen. In

[Tabletop Distilling](#), a detailed how-to book, readers learn the tools, techniques, and safe procedures to distill raw natural materials for a variety of applications. Also included is a guide that explains what plants to use for different purposes; a look at the various types of stills; and a detailed, step-by-step treatment of mashing, fermenting, distilling, and refining spirits. Complete with a guide to distilling essential oils and their benefits and tips and tricks for troubleshooting and avoiding common pitfalls, [Tabletop Distilling](#) is the ideal companion for the home distiller.

Author Kai Möller says it has long been his wish to show how wonderfully

readers can distill, despite the usually very strict legal restrictions on the private sector. All books on the subject of distilling deal almost exclusively with distilling with large stills or using laboratory equipment. Even if the processes behind it are similar, the descriptions, recipes, and hazard warnings are difficult for most private individuals to understand. In Germany, Austria, and Switzerland, no one is allowed to experiment with large-scale distilling legally and just for fun. In most cases, already existing books describe commercial distilling, or in the English-speaking area, illegal distilling, so-called 'moonshining.' Möller says it is time for someone to write a new book on legal distilling of alcoholic spirits or schnapps. A book about distilling schnapps for leisurely enjoyment, for making essential oils as a hobby; to distill within the legal framework, just as readers are allowed to in Germany or Austria privately at home, without coming into conflict with the law.

With [Tabletop Distilling](#) he wants to demonstrate what is described too briefly or is missing entirely in other books, namely how, despite legal restrictions, readers can get really good and presentable results and everything that they can distill, including in Germany, and above all with the small 0.5 liter mini stills.

He says he has been experimenting for years in his UNICOBRES company, as well as out of his personal interest in the hobby, with the widest range of small stills and in the process tracked down several secrets. He shows readers how to maximize yield, improve quality in home distilling, and still have fun doing it. In addition to all the laws and regulations that people have to observe, they still have a lot of fun doing things as hobbies. Especially if they replace the word 'work' at the still with

'fun' at the still, they will get success quickly. As soon as they begin to see distilling as a hobby, enjoyment starts not just with the later tasting and appreciation, but also in making their future homemade delicacies.

Distilling with mini stills works especially well if readers know about everything they can put to use and the best way to do it. This is what he shows readers with [Tabletop Distilling](#). The book is an enrichment of knowledge and understanding for everyone, and at the same time something completely new in the market for books on this subject. <>

Cooking, Food & Wine / Seafood
[Provincetown Seafood Cookbook](#) by Howard Mitcham, with a new introduction by Anthony Bourdain, with series editor, Tim Barry (**Tim's Books**: Seven Stories Press)

It's a true classic, one of the most influential of my life. – Anthony Bourdain, from the new introduction

Provincetown ... is the seafood capital of the universe, the fishiest town in the world. Cities like Gloucester, Boston, New Bedford, and San Diego may have bigger fleets, but they just feed the canneries. Provincetown supplies fresh fish for the tables of gourmets everywhere. – Howard Mitcham

Howard Mitcham was Provincetown's best-known chef, whose haddock amandine was as famous as his legendary storytelling and, according to Anthony Bourdain, his prose. For the original [Provincetown Seafood Cookbook](#), published in 1975, Mitcham wrote a long and wonderful introduction about the Portuguese origins of the fishing industry in Provincetown and his own large living there. In this new edition, published on the 100th anniversary of Mitcham's birth, Anthony Bourdain added a new introduction.

Provincetown's best-known chef in [Provincetown Seafood Cookbook](#) combines delectable recipes and delightful folklore to serve up a classic in seafood cookbooks. Readers read about the famous (and infamous!) Provincetown fishing fleet, the adventures of the fish and shellfish that roam Cape Cod waters, and the people of Provincetown – like John J. Gaspie, Lord Protector of the Quahaugs.

Then they can treat themselves to Cape Cod Gumbo, Provincetown Paella, Portuguese Clam Chowder, Lobster Fra Diavolo, Zarzuela, and dozens of other Portuguese, Creole, and Cape Cod favorites. They learn the right way to eat broiled crab and the safe way to open oysters. They even learn how to cook a sea serpent.

A list of fresh and frozen seafood substitutes for use anywhere in the country is a unique feature of this lively book.

The author, James Howard Mitcham (1917-1996), was the legendary author, chef, artist and poet whose three major cookbooks, *Provincetown Seafood Cookbook*, *Creole Gumbo and All That Jazz: A New Orleans Seafood Cookbook*, and *Clams, Mussels, Oysters, Scallops and Snails* have influenced a generation of today's chefs. Mitcham was born in Winona, Mississippi and graduated from Greenville High School together with his friend the writer Shelby Foote. At the age of 16 Mitcham became deaf from spinal meningitis, but that didn't seem to stop him or even slow him down as he regaled friends with stories in his booming, Southern-accented voice. He earned a degree in art and architecture at Louisiana State University, then moved to New York's Greenwich Village, where he ran the Jane Street Gallery in the 1940s. Many of Mitcham's friends learned sign language

to converse with him. For people who didn't know how to sign, Mitcham would carry notebooks and pens so they could write him notes. He co-authored a food column for the *Provincetown Advocate* with Jan Kelly, who called Mitcham "brilliant [and] never boring." Mitcham died on August 22nd, 1996, at the age of 79.

Anthony Bourdain, in the introduction to this reissue of [Provincetown Seafood Cookbook](#), which he wrote shortly before he died, says: *I was never pals with Howard Mitcham. Howard Mitcham never knew my name. If he knew me by sight, it was because I was always hanging around Spiritus Pizza during the bar rush, waiting for my girlfriend (of whom he was quite fond) to get off work. He'd come in after a few drinks at the Foc'sle or the Old Colony or wherever he was doing his drinking in those days. His face would be flushed and he'd be a little unsteady on his feet, and you could hear him over the crowd, but this was normal. Even then, he was a legend.*

I knew Howard through his book. This book. Which was presented to me by a friend pretty much the first day I began working as a cook. In the Flagship restaurant, where I'd only recently started what would turn out to be a long, checkered career in the industry, Howard's word was law: baseline technique, first principles when dealing with fish. His haddock amandine was famous up and down the Cape – people would drive down from Boston to eat it at Pepe's (or later, his own eponymous restaurant). We lifted his recipe shamelessly intact.

More important than his recipes, however, and more enduring, was his prose – his attitude toward the humble quahaug, haddock, mackerel, Wellfleet oysters, striped bass, bluefish – the Portuguese fishing families of P'Town

and the Cape. He was not a snob – at a time when most cookbooks sounded as if they'd been written by someone in a smoking jacket, while stroking a pet ocelot.

He put his recipes in context. Told you where they came from, what inspired them, convinced you that he loved them and that you should love them too. He was way, way ahead of his time in his embrace of so-called trash fish. And he understood always that the best place to enjoy seafood was on the beach, among friends, in a pretense-free zone, preferably accompanied by many drinks, or at the beloved Cookie's Tap, whose squid stew he appropriated after much experimentation. That's a recipe I still cook today – one that I've gotten a lot of mileage out of over the years.

Like another great food writer, A. J. Leibling, Mitcham understood there is no difference between the joys of a great meal at a three-star Michelin and at a humble fishermen's bar – as long as it's made with love and with pride. His love for Provincetown shines through every page of this book. It's a true classic, one of the most influential of my life.

In [Provincetown Seafood Cookbook](#) Provincetown's best-known and most-admired chef combines delectable recipes, delightful folklore and original drawings to serve up a classic in seafood cookbooks. Mitcham's personality doesn't so much shine as burst forth, sweeping readers up the tide of his telling. With over 100 recipes, the book is a throwback of sorts with its matte pages and hand-drawn illustrations by Mitcham throughout (his art was regularly shown in galleries on the Cape during his lifetime). <>

Crafts & Hobbies / Woodworking

[Built-Ins, Cabinets & Shelves](#) by Editors of *Fine Homebuilding* (The Taunton Press) Everyone needs more storage – whether for household items and kitchenwares, books and other media, or just plain stuff. That's why built-ins and cabinets are so popular among carpenters and woodworkers, whether the project is a simple shelved built-in or a high-style cabinet. Although building a basic box is fairly easy, constructing one that will hold a heavy load and has style takes some design savvy.

Following on from the success of the best-selling *Shelves, Cabinets & Bookcases* and *Bookcases, Cabinets & Built-Ins*, [Built-Ins, Cabinets & Shelves](#) is a collection of articles from recent issues of *Fine Homebuilding* and *Fine Woodworking* magazines delivering expert advice for designing and building built-ins, shelves, and cabinets. In this collection of 24 articles, America's most accomplished carpenters and woodworkers contribute their advice on building sturdy cabinets, built-ins, and bookcases. All contributing authors are seasoned professionals whose articles have appeared in *Fine Homebuilding* magazine.

Woodworkers can build a breakfast nook, island, or pantry in their kitchen, add storage to their bed, construct the perfect vanity for the bathroom, make a country hutch for the kitchen, or just add shelves or cabinets to any other room they can think of. Plus, beginners and experts alike will love the basics section, which reviews must-know information about plywood, lumber, glue-ups, and safety while sawing. Inside [Built-Ins, Cabinets & Shelves](#) readers will find:

- Built-In Breakfast Nook
- Clever Island with Drawers
- Bed with Built-In Storage
- Simple Hanging Cabinet
- Bowfront Wall Cabinet

- Shaker-Style Bathroom Vanity
- Beautiful Cases from Plywood
- White Pine Country Hutch
- Wall-Hung 3-D Shelves

From the plainest bookshelf to the most tricked-out built-in, every storage piece woodworkers build involves a blend of techniques, strategies, and style.

Jonathan Binzen, Deputy Editor of *Fine Woodworking* says in the introduction that after laying the groundwork with section on the safe use of the tablesaw and on selecting and using solid wood and plywood, [Built-Ins, Cabinets & Shelves](#) presents projects that incorporate joinery techniques ranging from nails to dovetails and pocket screws to plunge-cut Domino tenons. It covers construction strategies that span the spectrum of on-site carpentry as well as in-shop cabinetmaking, turning a spotlight on everything from installing pre-made cabinets to site-building complex pieces suited for a unique space; and from screwing together a custom vanity to fashioning a frame-and-panel wall cabinet with coopered doors and hand-dovetailed drawers. The collection of projects is equally inclusive when it comes to style, presenting pieces inspired by everything from Shaker tables and Japanese tansu cabinets to Colonial country furniture and sleek urban contemporary work. Running through all these diverse projects is a high level of craftsmanship and a shared obsession with function and practicality. Each of the pieces is an elegant answer to a set of real-world problems. But different houses present different challenges, so the book also includes design advice that's more broadly applicable: how to plan a dining nook, for example; what height and angles are best for a built-in seat; how thick shelves should be to prevent sagging; and what considerations are most critical for the layout of a kitchen.

[Built-Ins, Cabinets & Shelves](#) delivers a bounty of advice and inspiration in the three areas of techniques, strategies and style from today's premier craftsmen. A home can never have too much storage, and [Built-Ins, Cabinets & Shelves](#) is here for those looking to add some to their home. No matter what room of the home needs more storage, these projects are sure to deliver. <>

Education / Teach & Learning / Racial Justice / The South

[Jim Crow Campus: Higher Education and the Struggle for a New Southern Social Order](#) by Joy Ann Williamson-Lott (Teachers College Press)

[Jim Crow Campus](#) is a well-researched volume exploring how the Black freedom struggle and the anti-Vietnam War movement dovetailed with faculty and student activism in the South to undermine the traditional role of higher education and bring about social change. It uses the battles between students, faculty, presidents, trustees, elected officials, and funding agencies to explain how Black and White southern campuses transformed themselves into reputable academic centers. No matter the type of institution, these battles represented cracks in the edifice of the Old South and precipitated wide-ranging changes in southern higher education and society as well.

Author Joy Ann Williamson-Lott is a professor of the history of education at the University of Washington College of Education.

[Jim Crow Campus:](#)

- Helps institutional leaders to understand the benefits and challenges of dissolving the walls around the ivory or ebony tower.
- Offers a complex analysis of the evolution of higher education in the South.

- Demonstrates how changes in higher education precipitated wide-ranging changes in southern society.
- Examines contemporary arguments about the breadth and limits of first amendment rights and academic freedom on college and university campuses.

As Williamson-Lou points out in the introduction, [Jim Crow Campus](#) is not an exhaustive treatment of academic freedom across the South. It focuses most heavily on public institutions because the Constitution bound them together while private institutions enjoyed more variability. Neither does it examine every case in which a student or professor was disciplined or in which there was tension between an institution, its trustees, public officials, and the federal government. Instead, [Jim Crow Campus](#) focuses on particular cases, some of them well known and others not, in which public officials, trustees, and administrators meted out retribution against campus constituents. It deals with the cases not as individual acts of injustice (though they were) but as steps toward region-wide changes in higher education. Hindsight may make it seem that the changes – stronger protections for freedom of speech and assembly for students, for instance – were inevitable, but whether trustees or public officials would be able to buck pressure from the federal government and from local activists was very much an open question.

The chapters develop the themes in greater depth. Chapter 2 provides a context for subsequent chapters by offering a brief history of higher education in the South and a discussion of the emerging knowledge economy and the black freedom struggle both of which grew in earnest in the 1950s and 1960s and deeply influenced the

trajectory of southern higher education. It highlights the tension between institutional desire to reap the benefits of federal largess, expand campus facilities, attract high-quality faculty, and improve institutional ranking, on one hand, and demands from white state officials and others to use colleges and universities as vehicles to stall the black freedom struggle on the other. The next four chapters in [Jim Crow Campus](#) take a cue from scholars who highlight distinctions between the late 1950s/early 1960s and the late 1960s/early 1970s. The chronologically separate chapters allow for an examination of the shifting strategy, discourse, and symbols of the on-campus movement that occurred in the mid-1960s. The separate chapters also provide a lens through which to understand shifts in white student and faculty activism, particularly against the backdrop of the anti-Vietnam War movement that accelerated after 1965. Chapter 3 focuses on students' First Amendment freedoms of press, speech, and association during the late 1950s through the mid-1960s, the traditional depiction of the civil rights phase of the black freedom struggle. In the early 1960s federal court rulings extended constitutional protections to students and eroded institutional *in loco parentis* policies that restricted the freedoms of youth. At the same time, student activism accelerated, and everything from curfews to administrative oversight of visiting speakers came under fire. Chapter 4 of [Jim Crow Campus](#) examines faculty and academic freedom during the same time period. It provides an analysis of how the red scare and black scare affected professors at different types of institutions across the South between the mid-1950s and mid-1960s as a way to offer insight into the breadth of the southern massive

resistance campaign and its use of anticommunist sentiment to quell dissent.

Chapter 5 returns to an examination of the student experience. The late 1960s and early 1970s were a watershed moment for student freedoms in higher education. Court decisions, the Twenty-sixth Amendment (which lowered the voting age from 21 to 18), and the end of student Vietnam War draft deferments further undermined *in loco parentis* provisions. At the same time, student demographics diversified, campus organizations began to desegregate, and new curricular offerings – such as black studies – emerged. Black and white administrators at southern institutions, like their nonsouthern counterparts, struggled to maintain control of their campuses as public backlash against student activism mounted. Institutions moved in fits and starts but most significantly expanded student freedoms by the mid-1970s.

Chapter 6 begins its examination of faculty and academic freedom in the mid-1960s as the intensity of the Cold War waned, the black freedom struggle shifted its focus, and anti-Vietnam War activism accelerated. By the mid-1970s, the number of professors at southern black and white institutions fired for supporting student activism or speaking in favor of the black freedom struggle or antiwar causes diminished. SACS pressure, federal mandates, and legal rulings bolstered professors' ability to register an opinion on controversial topics.

Chapter 7 of [Jim Crow Campus](#) returns to the themes discussed in the introductory chapter. It highlights how internal and external pressures forced changes at southern colleges and universities and how some campus constituents, despite powerful

opposition, were able to chip away at the intellectual edifice of white supremacy to bring academic freedom and constitutional protections to their institutions.

As we operate in an era of intense threats to free speech and academic freedom, Joy Williamson-Lott's [Jim Crow Campus](#) is essential reading. Her riveting prose and well-researched historical narrative tell the stories of the past while also teaching lessons for today. –

Marybeth Gasman, professor, University of Pennsylvania

Williamson-Lott's masterful study is indispensable for understanding how the South went from being an academic backwater in the Jim Crow era to a region whose best colleges and universities are among 21st-century America's freest, most diverse racially, and most distinguished intellectually. This book is a must-read for every serious student of higher education, academic freedom, free speech, civil rights, student protest, and southern history. –

Robert Cohen, professor, New York University

For those who feel that we are witnessing today unprecedented levels in the denial of free speech, [Jim Crow Campus](#) takes us back to a recent period in the American South in which the suppression of speech was commonplace in government and in the routines of everyday life. Williamson-Lott demonstrates how the dawn of a new freedom of expression in an otherwise racially oppressive society chipped away at the foundation of the racial domination that rested heavily on the subtle and brutal suppression of speech. – James D. Anderson, dean, College of Education at University of Illinois

Well-researched, [Jim Crow Campus](#) is a thought-provoking history offering scholars and others interested in

institutional autonomy and the value of civil society a deep understanding of the central role that institutions of higher education can play in social and political change and the vital importance of independent institutions during times of national crisis. <>

Entertainment & Sports / Cycling

[The Comeback](#): Greg LeMond, the True King of American Cycling, and a

Legendary Tour de France by Daniel de Visé (Atlantic Monthly Press)

Fame. Fall. Redemption. [The Comeback](#) is the dramatic life story of America's greatest cyclist Greg LeMond, three-time winner of the Tour de France – and the only American to win it and hold on to his title.

In July 1986, LeMond stunned the sporting world by becoming the first American to win the Tour de France, the world's pre-eminent bicycle race, defeating French cycling legend Bernard Hinault. Nine months later, LeMond lay in a hospital bed, his life in peril after a hunting accident, his career as a bicycle racer seemingly over. And yet, barely two years after this crisis, LeMond mounted a comeback almost without parallel in professional sports. In summer 1989, he again won the Tour by the almost impossibly narrow margin of 8 seconds over another French legend, Laurent Fignon. It remains the closest Tour de France in history.

Author Daniel De Visé is an author and journalist who has worked at the *Washington Post* and *Miami Herald*, among other newspapers.

[The Comeback](#) chronicles the life of this great American athlete, from his roots in Nevada and California to the heights of global fame, to a falling out with his own family and a calamitous confrontation with Lance Armstrong over allegations that Armstrong was doping – a campaign LeMond would wage on

principle for more than a decade, before Armstrong was finally stripped of his own Tour titles for his role in the biggest doping conspiracy in the history of American sports. LeMond is a figure of singular vision and ambition, and [The Comeback](#) takes readers through the extraordinary highs and lows of his life both on and off the bike.

Most American fans of the Tour de France focus on the now discredited achievements of Lance Armstrong [but [The Comeback](#)] sets the record straight. With Armstrong's victories invalidated, LeMond is the only American to capture the Tour de France, winning in 1986, 1980, and 1990... The new book documents LeMond's significant contributions to the sport, maybe underestimated by casual racing fans...

Other books have profiled LeMond's achievements, but [The Comeback](#) offers more depth. – Lou Dzierzak, Minneapolis Star Tribune

A thoroughly well-researched work about Greg LeMond's cycling exploits from childhood races, impressive pro career, postcareer life, and business pursuits... De Visé's account stands out owing to its depth of coverage, captivating prose, and variety of historical and contemporary news sources. An impressive read for anyone interested in cycling. – Library Journal

Veteran journalist de Visé takes on a big story with that of LeMond... [De Visé] sometimes writes with the techno-geekery of the bicycle acolyte and sometimes with the breeziness of a practiced sportscaster... It's a pleasure to ride in the peloton alongside LeMond, who emerges from this account as America's once-and-future cycling great. – Kirkus Reviews

De Visé provides detailed accounts of a dizzying number of races throughout LeMond's career... Vivid description of the sport as one of physical torture... [De

Visé] lays bare the undeniable facts of Greg's amazing talent. That he achieved all he did without the benefit of doping, without the support of an American cycling team, and with a catastrophic injury in mid-career, is remarkable. Greg's life is a story worth understanding and his name is one worth knowing, especially in light of the string of discredited riders who followed him. – New York Journal of Books

... This is a must read if you believe in miracles. – John Feinstein, bestselling author of *A Season on the Brink* and *The First Major*

[The Comeback](#) is an eye-popping ride, sweeping the reader through the extreme eccentricities of endurance cycling. But the heart of the story, the charismatic spirit and recrowning of America's authentic cycling champion Greg LeMond, is what makes you cheer through the pages. – Diana Nyad, author of *Find a Way* and the only person to swim between Cuba and the United States

Once in a blue moon a sports book comes along appealing to a such a broad audience that it becomes a perennial favorite of neighborhood reading groups – *Boys in the Boat* and *Seabiscuit* being prime examples. Now make way for [The Comeback](#) by Daniel de Visé, a superbly well-crafted narrative. For devotees of the sport of bicycle racing, and for those with little knowledge of it, this book will satisfy in every way. – Paul Dickson, author of *Bill Veeck* and *Leo Durocher*

... In [The Comeback](#), de Visé portrays the complex personalities of LeMond and Fignon in a narrative freighted with nuanced analyses, thorough research, and a narrative that rocks. – Peter Joffre Nye, author of *Hearts of Lions* and *The Fast Times of Albert Champion*
Daniel de Visé's meticulously researched story of the professional and

personal life of LeMond is an epic saga of America's preeminent cyclist's rise to the sport's pinnacle... Even those with little familiarity with the often arcane aspects of bicycle racing will be caught up in the drama, excitement and nuances of the sport. Highly recommended! – Bob Bowen, President, U.S. Bicycling Hall of Fame

With narrative drive and a fierce attention to detail, de Visé reveals the dramatic, ultra-competitive inner world of a sport rarely seen up close, and builds a compelling case for LeMond as its great American hero. [The Comeback](#) is required reading for both fans of competitive cycling and readers who simply love to read a compellingly told come-from-behind victory from an underdog. <>

Law / Self-Help / Divorce & Separation
[Divorce Without Court: A Guide to Mediation and Collaborative Divorce](#) by Katherine Stoner Attorney (Nolo)

Readers don't have to be financially or emotionally overwhelmed. Through mediation or a collaborative divorce, they can avoid huge legal bills and debilitating conflict with their ex.

[Divorce Without Court](#) by Katherine E. Stoner is intended to be a resource for anyone going through a divorce who wants to make the process as hassle free and constructive as possible. Stoner is an attorney/mediator in private practice with the firm of Stoner, Welsh & Schmidt in Pacific Grove, California, who teaches community property at Monterey College of Law and is on the training staff of the Center for Mediation and Law in Mill Valley, California.

[Divorce Without Court](#) guides readers through all the steps of negotiating a divorce settlement. It explains mediation and a new approach called 'collaborative divorce.' It shows readers how to:

- Choose the right method for their family.
- Maximize opportunities for settlement.
- Get an agreement in writing.
- Find mediators, attorneys, and advisers.
- Protect their children first, last, and always.

It helps readers decide whether working with a mediator or collaborative professional makes sense for them. If so, the book offers tips on choosing and working with a mediator or collaborative lawyer, preparing for each step along the way, including how to negotiate, and what to do when problems arise. The examples, techniques, worksheets and other tools come from more than 30 years of experience working with divorcing couples and helping them navigate the often confusing – and sometimes overwhelming – divorce experience. [Divorce Without Court](#) also provides state court websites, contact information for mediation organizations, and clear examples of what people can expect in mediation or collaborative divorce.

Divorce is never emotionally easy to get through, but with useful resources such as... [Divorce Without Court](#), it does not have to be financially devastating. – American Reference Books Annual Finally – a realistic and balanced approach to getting divorced without costly court battles. This accessible book takes divorcing couples through the entire process. – Gary Friedman, Author of *A Guide to Divorce Mediation*
A person considering divorce could not have a more valuable resource than [Divorce Without Court](#). A comprehensive step-by-step guide through the process for people who want to avoid the expense and damage of litigation. – Chip Rose, Author of *Collaborative*

Family Law Practice

Stoner explains how people ending their marriage can avoid the high cost and the escalation of lawyers by finding a neutral mediator or two lawyers (one for each party) who offer a new approach to resolving divorces called collaborative law or collaborative divorce. These professionals help the two parties come to agreement on the issues without a legal battle, she says. The topics include the role of mediation and collaborative law in the divorce process, proposing mediation or collaboration to your spouse, preparing for and making the most of the first session, negotiating in mediation or collaborative divorce, divorce for same-sex couples, and mediation and collaboration after divorce. – Eithne O'Leyne, Editor Ringgold, Inc. ProtoView Encouraging, straightforward, and inspiring, [Divorce Without Court](#) shows readers how to avoid the expense and stress of divorce court. <>

Literature & Fiction

[The Night Visitor](#) by Lucy Atkins (Quercus)

You have the perfect life... How far would you go to protect it?

In [The Night Visitor](#), Professor Olivia Sweetman has worked hard to achieve the life of her dreams, with a high-flying career as a TV presenter and historian, three children, and a talented husband. But as she stands before a crowd at the launch party for her new blockbuster book about a pioneering female surgeon of the Victorian era, she can barely pretend to smile. Her perfect life is in fact a desperate tangle of lies, and if the truth were to come out, she would lose everything.

Author Lucy Atkins is an award-winning feature journalist and author, as well as a *Sunday Times* book critic.

Only one other person knows what Olivia has done: Vivian Tester, the

socially awkward, middle-aged housekeeper of a Sussex manor who found the diary on which Olivia's new biography is based. Vivian proved to be remarkably adept at hunting down obscure sources and eventually became Olivia's unofficial research assistant.

But the seemingly chance circumstances that brought these two very different women together turn out to be far more complex – and far more sinister – than Olivia ever realized. In [The Night Visitor](#), shifting between London, Sussex, and the idyllic South of France, Olivia and Vivian learn knife-edged truths about themselves and discover just how far each will go to protect her reputation.

Meticulously plotted suspense...

Evocative writing heightens the sense of impending doom created by the tale's structure... harrowing. – Publishers Weekly

[A] sense of unease keeps pushing all the way to the last, intense pages. A reckoning is coming, but why?... With shades of Rebecca and The Secret History, Atkins has produced an eerie page-turner that will have readers guessing from the first. – Kirkus Reviews
Horribly, horribly compulsive. Brilliant – Fiona Barton, author of *The Child*
Brilliant...a 'cannot turn yourself away' novel. – Kate Hamer

Creepy, tense and unnerving. – Sharon Bolton

Two well-drawn and plausibly flawed characters share the narrative in a complex, creepy, and insidious novel about ambition, academic integrity, and – intriguingly – dung beetles. – The Guardian

Rich characterization ... An alarmingly plausible riches-to-rags tale. – The Sunday Times

A fascinating, brilliant, creepy, intelligent novel. – Good Housekeeping

Part psychological thriller, part morality tale ... The sound of creepy-crawlies scuttling around in the darkness becomes deafening as events hurtle toward a complex, heart-stopping conclusion. Bone-chillingly good. –

Boundless Magazine

A fabulously dark, tension-filled read. – *Woman and Home*

A gripping narrative and well-drawn characters make [The Night Visitor](#) compulsive reading. <>

Literature & Fiction / Fantasy

[Starless](#) by Jacqueline Carey (Tor Books)

Jacqueline Carey is back with an amazing adventure not seen since her *New York Times* bestselling *Kushiel's Legacy* series. In the world of [Starless](#) the gods have been cast down to earth by Zar the Sun for their rebellion. [Starless](#) introduces readers to an epic world and a hero whose journey will resonate long after the last page is turned.

I was nine years old the first time I tried to kill a man...

Born during a solar eclipse and destined from birth to serve as protector of the princess Zariya, Khai is trained in the arts of killing and stealth by a warrior sect in the deep desert; yet there is one profound truth that has been withheld from him.

In the court of the Sun-Blessed, Khai must learn to navigate deadly intrigue and his own conflicted identity ... but in the far reaches of the western seas, the dark god Miasmus is rising, intent on nothing less than wholesale destruction. If Khai is to keep his soul's twin Zariya alive, their only hope lies with an unlikely crew of prophecy-seekers on a journey that will take them farther beneath the starless skies than anyone in [Starless](#) can imagine.

Carey is at the peak of her luminous storytelling powers in a tale that will appeal to readers of Brandon

Sanderson and Patrick Rothfuss, while its thought-provoking look at gender, love, and sexual preference bring to mind Ursula K. LeGuin's The Left Hand of Darkness. – Booklist, starred review
Carey handles themes of duty, love, and identity with tenderness and fortitude, never pigeonholing her protagonists, and the tapestry of her characters elevates this novel above its peers. – Publishers Weekly, starred review

Fans of world-building powerhouses such as Rhoda Belleza and Garth Nix will be in awe of Carey's stand-alone epic. – Library Journal

A unique story that asks serious questions about identity, fate and honor and it will appeal to fantasy fans who appreciate in-depth character exposition. – RT, 4 stars

On ample display here are Carey's impressive worldbuilding skills. – Kirkus Reviews

Carey's evocative prose and skillful worldbuilding establishes a lushly detailed setting populated by memorable, well-drawn characters in a story that is deliberate and immersive. Exquisite action sequences – will delight the many fans of her 'Kushiel's Legacy' series. – Library Journal, starred review
Lush and sensual, [Starless](#) delivers an amazing, epic adventure. <>

Politics / Philosophy / Ethics

[Global Ethics: An Introduction, 2nd edition](#) by Kimberly Hutchings (Polity Press)

This revised edition of Kimberly Hutchings's best-selling textbook, [Global Ethics](#), provides an accessible introduction to the field of Global Ethics for students of politics, international relations and globalization.

Hutchings is Professor of Politics and International Relations at Queen Mary, University of London.

[Global Ethics](#) offers an overview and assessment of key perspectives in Global Ethics and their implications for substantive moral issues in global politics. These include the morality of state and non-state violence, the obligations of rich to poor in a globalizing world, and the scope and nature of international human rights. The **2nd edition** contains expanded coverage of pressing contemporary issues relating to migration, changes in the technologies of war, and the global environment.

In the eight years since the publication of the first edition of this book, [Global Ethics](#) has become much more established as a field of ethical inquiry. *The Journal of Global Ethics* has become a key forum for the development of debates within the field, and several books and collections with the term 'Global Ethics' in their title have been published. Nevertheless, many of the fundamental arguments explored in the **1st edition** remain foundational for work in Global Ethics. In preparing the **2nd edition**, Hutchings says she has introduced new material only when it reflects innovative theoretical developments, such as the growth of work in 'non-western', postcolonial and decolonial ethics, or where treatment of the literatures on particular topics, such as the ethics of climate change, migration or war, was in need of expansion.

Chapters 2 and 3 of [Global Ethics](#) set out ethical theories and point out some of the standard ways in which they have been used and criticized. The aim is not only to inform readers about moral theories with which they may not be acquainted but also to begin to get them to practice the assessment of such

theories by weighing up their strengths and weaknesses. This in turn should help readers to reflect on their own ethical assumptions and the grounds on which they make judgments about moral rights and wrongs. Having set out traditions of response to the why question in ethics, the remaining chapters of [Global Ethics](#) explore how different responses to this question have been brought together with arguments about what, who and how in contributions to debates in Global Ethics.

Chapters 4 and 5 both focus on ethical issues arising out of global socio-economic relations. Chapter 4 focuses on the ethics of development and Chapter 5 on theories of global distributive justice. Chapters 6 and 7 focuses on the ethics of war and the ethical challenges posed by 'peace' respectively. There are interconnections and commonalities between what is ethically at stake in the arguments explored in Chapters 4-7. In particular, Hutchings suggests that five issues emerge of particular significance for Global Ethics:

1. The nature and basis of the ethical status of the individual human being.
2. The relative ethical significance of the human individual as opposed to community or culture.
3. The ethical significance of past interactions in determining moral entitlements and obligations for individual and collective actors.
4. The relative ethical importance of procedure or process as opposed to outcome in responding to global ethical problems.

The ethical theories considered in [Global Ethics](#) provide different answers and arguments in relation to the above

issues. Adjudicating between these different answers brings us to the fifth issue, which is fundamental to all of the others:

5. The question of whether and how ethical claims made by theorists of Global Ethics can be authoritative for a global audience. In other words, why should anyone accept one account rather than another of the moral status of human beings, the relative moral significance of community as opposed to individual, the moral significance of past interactions, and the ethical importance of procedure in relation to outcome?

Chapter 8 argues that the fifth issue, the ongoing problem of formulating and addressing ethical questions in a way that is authoritative for a genuinely global audience, is fundamental to the future of Global Ethics as a branch of ethical inquiry. In order to explore this problem, Hutchings focuses on the phenomenon of clashes of ethical value between different populations that have become particularly obvious and acute in conditions of globalization. She suggests that meaningful debate within Global Ethics requires, above all, ethical ways of responding to such actual and potential clashes of ethical value. This leads her to argue that ethical perspectives that enable us to pay close attention to who and how questions of Global Ethics make a particularly important contribution to the field. According to Hutchings in [Global Ethics](#), Global Ethics will only flourish in the longer term if it is genuinely open to all of the earth's human population to be participants in its debates, regardless of their particular identities and values.

In this revised update to the classic first edition, Hutchings provides an intellectually dynamic, but also tangible, introduction to Global Ethics as both a field, and a practice. It serves as both a textbook and a scholarly reference point, for students, instructors, academics and practitioners. – Brent J. Steele, University of Utah

Kimberly Hutchings provides an ideal introduction to the increasingly complicated world of Global Ethics. The first edition was already outstanding, and the second edition goes further, including more from decolonial perspectives and connecting with growing literatures across all the most important areas. This text will be an essential addition to any student's or scholar's library. – Anthony Lang, University of St Andrews

Hutchings's excellent book [Global Ethics](#) helps non-specialist students to understand the assumptions underpinning different moral traditions, and enables them to formulate their own views on how to approach moral judgment and prescription – essential in a world which, though it is shared by all, possesses massive cultural differences and inequalities of power.

This is an introductory volume, a starting point for ethical thinking about an ever-broadening range of ways in which commonalities and interconnections are growing in the contemporary world. Such a book cannot be exhaustive in its coverage. It remains the case that there are important topics within Global Ethics, such as trade, finance, digital communication, bioethics or health, that are not treated in [Global Ethics](#). <>

Religion & Spirituality / Christianity / Catholicism

[And God Created Wholeness: A Spirituality of Catholicity](#) by Edwin E.

Olson (**Catholicity in an Evolving Universe Series**: Orbis Books)

Do the natural sciences support a supreme Consciousness at work in the universe? Is there a dynamic principle moving all things toward spiritual wholeness? A response to these 'big questions,' [And God Created Wholeness](#) will resonate with readers who put primacy in the material basis of science as well as religious readers for whom the essence of reality is Spirit. Rather than attempting to change minds, it offers a new idea of 'catholicity' that makes sense to both. By focusing on the relationship between quantum biology and spirituality, Edwin E. Olson in [And God Created Wholeness](#) finds a dynamic wholeness that unifies them, at least metaphorically, as our lives continue to unfold with surprise in this technological and spiritual age.

Olson is a collegiate professor in the graduate school of the University of Maryland, University College, and instructor at the Chautauqua Institution. Life's dependence on quantum reality provides a powerful and practical metaphor and model of how our bodies, minds, and souls are connected to the deep interior source that can change our individual and collective lives. [And God Created Wholeness](#) integrates a scientific and mystical/spiritual way of looking at how life develops and thrives. The wholeness of this perspective provides a creative path bursting through boundaries within ourselves, between ourselves and others, and between us humans and nature.

Ilia Delio, the general editor of the series, *Catholicity in an Evolving Universe*, in the foreword says that Olson's main interest, aligned with the series, is bridging the gap between science and religion by finding metaphorical bridges and mystical insights that move us

beyond the impasse of dialogue toward a deeper integration of science and religion. Our world today is fragmented and, in some respects, shattered, because we have split apart body, mind, and spirit. At the heart of this splintering is the entrenched gap between science and religion.

[And God Created Wholeness](#) is a holistic approach toward a renewed understanding of catholicity because it situates the human person in the wider web of nature's relationships. Rather than beginning with doctrines of faith or abstract theological concepts, the book begins with biology and the new field of quantum biology. In a sense, it begins with the book of nature. By explicating how our bodies are dependent on quantum dynamics, readers see how the mystery of complexifying life emerges from and is dependent on fluctuating fields of infinite possibilities. Olson offers a wider scope of understanding and a broader vision of root reality. We are wholes within wholes within wholes. He describes this unfolding wholeness according to the layers of reality described by quantum biologists: the surface reality of our traditional world of objects and classical laws of physics and nature; a middle stratum where there is turbulence and noise, mixed with emotions, as we strive to know ultimate Reality; and a bedrock stratum where life bubbles chaotically amid a sea of possibilities. Throughout these layers is the absolute divine whole, mysteriously hidden and entangled with nature by way of consciousness, freedom, and love, empowering nature's play among myriad possibilities. Olson in [And God Created Wholeness](#) explores the primordial foundation of reality as consciousness and sees consciousness as the unifying bridge between science and religion.

Consciousness is the light that can enter into the deeper, bedrock layer of reality and bring what is hidden to the level of surface reality. Quantum consciousness is an important area of investigation today, and while it is still a new area of study, the idea that consciousness works according to principles of quantum mechanics indicates that consciousness is less about structure and more about a flow of information. In this respect, cross-fertilization among quantum physics, neurobiology, and Big Bang cosmology is leading to a new understanding of consciousness as integral to matter, from the Big Bang onward. Consciousness may well be the bridge that joins science and religion, since it undergirds evolution and may account for the fundamental wholeness of reality. In [And God Created Wholeness](#) Olson brings together these ideas in a way that spirit and matter take on new integrative meanings in light of consciousness and in a way that is future oriented.

Scientists and mystics may now sheath their swords. Ed Olson brilliantly presents the reader with a new narrative that transcends old and unnecessary divisions between science and faith. This book is breathtaking in both the scope and clarity of its synthesis of leading edge spiritual and scientific literature. – Bruce Sanguin, author, The Way of the Wind: The Path and Practice of Evolutionary Christian Mysticism Using the surprising language of quantum biology, Edwin E. Olson offers us a bridge, not only between the science/religion gap, but to a deeper consciousness, enabling one to see the world as a unified whole. In clear accessible language he leads the reader through the layers of consciousness to access the wisdom and the wonder that sparks deeper understanding of daily life. Read this

book and you will never see the world the same way again! – Dawn M. Notwehr, OSF, Catholic Theological Union

If readers want to widen and deepen their understanding of wholeness based on what we now know from biology and systems thinking, then they will appreciate Olson's efforts in [And God Created Wholeness](#) to illuminate catholicity as a principle of nature itself. <>

Religion & Spirituality / Christianity / Evangelicalism / History

[The Rise of Evangelicalism: The Age of Edwards, Whitefield and the Wesleys](#) by Mark A. Noll (**History of Evangelicalism Series**: IVP Academic)

The word evangelical is widely used and widely misunderstood. Where did evangelicals come from? What motivated them? How did their influence become so widespread throughout the world during the eighteenth century?

This inaugural book, [The Rise of Evangelicalism](#), in a series that charts the course of English-speaking evangelicalism over the last 300 years, offers a multinational narrative of the origin, development and rapid diffusion of evangelical movements in their first two generations. Theology, hymnody, gender, warfare, politics and science are all taken into consideration. The focus is on the landmark individuals, events and organizations that shaped the story of the beginnings of this vibrant Christian movement. The revivals in Britain and North America in the mid-eighteenth century proved to be foundational in the development of the movement, its ethos, beliefs and subsequent direction. In these revivals, the core commitments of evangelicals were formed that continue to this day. Author Mark A. Noll is Francis McAnaney

Professor of History at the University of Notre Dame.

Other volumes in the *History of Evangelicalism Series* include:

- *The Expansion of Evangelicalism: The Age of Wilberforce, More, Chalmers and Finney* – John R. Wolfe
- *The Dominance of Evangelicalism: The Age of Spurgeon and Moody* – David W. Bebbington
- *The Disruption of Evangelicalism: The Age of Torrey, Mott, Mcpherson and Hammond* – Geoffrey R. Treloar
- *The Global Diffusion of Evangelicalism: The Age of Billy Graham and John Stott* – Brian Stanley

The subject matter of [The Rise of Evangelicalism](#) and succeeding books, in other words, should not be looked on as a hard-edged, narrowly defined denomination. Rather, evangelicalism was and is a set of defining beliefs and practices easier to see as an adjective than as a simple noun. Yet cohesion has always been present, both from the common original commitment to revival and from the strength of shared convictions. The books of this series chart that cohesion, though never to the neglect of the great range of intra-evangelical differences.

For [The Rise of Evangelicalism](#), the first book in the series, Britain and North America absorbs most of the attention. Yet it also soon become apparent why the dynamic evangelical religion that emerged in London, Bristol, Cambuslang (Scotland), Dublin, Northampton (Massachusetts – but also Northampton, England), Philadelphia and Falmouth (Nova Scotia) pushed rapidly to the corners of Britain, the North American British empire and soon to points much further afield.

Noll attempts to treat the religion from both 'inside' and 'outside.' As an evangelical Christian himself, he is convinced that the copious flow of religious language on which the early evangelical movements were borne corresponded, at least in considerable measure, to spiritual realities.

Evangelical religion, as understood by the evangelicals themselves makes up a prominent part in [The Rise of Evangelicalism](#).

The major effort is to provide a coherent, multinational narrative of the origin, development and rapid diffusion of evangelical movements in their first two generations. As an introductory work, the focus is on the story, especially as illustrated by recent historical research on a number of sometimes neglected topics like interconnections across the Atlantic and between the European continent and Britain, as well as the importance of Africans, women and laypeople in fueling early evangelicalism. At the same time, much of the book is devoted to the landmark individuals, events and organizations that have been featured in most other treatments of the movement. The book's title suggests how central such landmarks remain.

[The Rise of Evangelicalism](#) ends with developments in the mid-1790s, by which time the great early Methodists like George Whitefield, Howell Harris, the Wesleys and the Countess of Huntingdon have passed from the scene, and full-scale British mobilization against revolutionary France has begun. The story is carried a little further for Canada and some missionary regions, in order to trace the impact of events begun earlier. But 1795 is usually the date in view for bringing these narratives to a close.

[The Rise of Evangelicalism](#) contains many biographical sketches, with the

longest of these portraying the era's best-known leaders Jonathan Edwards, John Wesley, George Whitefield, Charles Wesley, Selina, Countess of Huntingdon, John Newton, William Wilberforce, Hannah More – but with many other lesser-known figures appearing as well.

The overarching goal in the use of biographical material, as well with all other sources, has been to clarify the significance of what happened when hundreds, then thousands, then tens of thousands, came to agree with George Whitefield that "it was best to preach the new birth, and the power of godliness, and not to insist so much on the form." In pursuing that goal, [The Rise of Evangelicalism](#) also suggests that Whitefield was posing a most important question when, after observing to the Anglicans of Boston that he had seen different ones "born again in a different way of worship," he went on to ask, "Who can tell which is the most evangelical?"

This remarkable book provides an illuminating synthesis of the origins of evangelical culture. Noll travels easily across Great Britain, the European continent and North America, uncovering the intricate interplay of heroic theologians and their disciples, transformative ideas and responsive congregants. He balances revealing examples against strikingly clear presentations of theologies within the social and political cultures of instability that included religious warfare, Atlantic exploration and settlement, and the rise of commercial capitalism. The result is a powerful narrative that envisions evangelicalism as the product of its era as well as an ascendant force. – Marilyn J. Westerkamp, University of California, Santa Cruz

Mark Noll's book describes the eighteenth-century background of

evangelicalism, showing how its taproot gave us a large trans-Atlantic stem of awakening, and how that in turn produced a good number of branches and no small amount of fruit. Without ignoring the bramble mixed with the fruit, Noll offers an authoritative, surefooted guide through the halls of fractious contention and unyielding disputations that marked the origins of evangelical thought. It is clear from his account that excitement was linked to vigilant wariness and fastidious attention to ideas. The book is a valuable summary of an important force in eighteenth-century intellectual thought and ideas. – Lamin Sanneh, historian of religion, professor at Yale University and coauthor of *Abolitionists Abroad: American Blacks and the Making of Modern West Africa*

In [The Rise of Evangelicalism](#) readers will find the fascinating story of the formation of the core commitments of evangelicals, their strengths and their weaknesses, but always their dynamism. [The Rise of Evangelicalism](#) as part of a five-volume series, integrates the social and intellectual history of a diverse yet cohesive Christian movement over the last three hundred years. The associations, books, practices, beliefs, networks of influence and prominent individuals which descended from the eighteenth-century British and North American revivals all come into view. Accessible to a wide range of readers, these volumes provide not only factual details but also fascinating interpretations of a movement that is still influential today.

The books provide interesting interpretations more than just factual details and enough scholarly references so that interested readers can pursue their own further research. The volumes rely on primary sources whenever possible, but their nature as synthetic

interpretations require also a broad use of the most reliable secondary literature as well. <>

Travel & Leisure / Asia / Travel Guide [Lonely Planet Central Asia, 7th edition](#) by Lonely Planet, Stephen Lioy, Anna Kaminski, Bradley Mayhew & Jenny Walker (**Travel Guide Series:** Lonely Planet)

Why I love Central Asia: *Each republic in Central Asia has its own attraction for me. In Talikistan and Kyrgyzstan I love the unrivalled mountain scenery and the incredible tradition of hospitality among the local Wakhi and Kyrgyz. In Uzbekistan it's the glorious weight of history and the sense of travelling in the sand-prints of some of history's greatest travellers and invaders. There's also something unique and even slightly weird about Central Asia, as if the normal rules of tourist engagement don't quite apply. For me it's a completely addictive place; I freely admit to being a Stan-oholic.* – Bradley Mayhew, Writer

[Lonely Planet Central Asia](#) is travelers' passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await them. They enjoy booming Almaty's cafes, clubs and shops, wind through rugged mountains past ancient tombs, hot springs, and remote Kyrgyz yurt camps on Tajikistan's Pamir Highway; and wonder at the architecture in Uzbekistan's Samarkand – all with their trusted travel companion.

Inside [Lonely Planet Central Asia](#) travelers find:

- Color maps and images.
- Highlights and itineraries to tailor their trip to their personal needs and interests.
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots.

- Essential info at their fingertips – hours of operation, phone numbers, websites, transit tips, prices.
- Honest reviews for all budgets – eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss.
- Cultural insights, which provide a richer, more rewarding travel experience – covering history, art, literature, music, architecture, landscapes, wildlife, Islam in Central Asia, the Silk Road, Central Asia today.
- Kyrgyzstan, Kazakhstan, Uzbekistan, Turkmenistan, and Tajikistan.

As shown in [Lonely Planet Central Asia](#), with its medieval blue-domed cities, kinetic bazaars and remote yurtstays, Central Asia encapsulates the romance of the Silk Road like nowhere else. Whether travelers want to explore the architectural gems of Bukhara or take a horse trek across the high Pamirs, everywhere in Central Asia they will be greeted with instinctive local hospitality and offered a shared meal, a helping hand or a place to stay. Beyond Uzbekistan's Silk Road cities, mass tourism has yet to make any inroads in Central Asia, lending an authentic sense of discovery to each trip. Add to this the intrinsic fascination of a forgotten region slowly emerging as a geopolitical pivot point and they have one of Asia's most absorbing hidden corners. From Alexander the Great to Chinggis (Genghis) Khan to Timur (Tamerlane), Central Asia's page-turning history litters the land at every turn. From the right angle and with one eye closed, the storied oasis caravan stops of Samarkand and Bukhara, with their exotic skylines of minarets and medressas, really do seem to be lifted directly from the age of Marco Polo.

Travelers share a round of kebabs with an Uzbek trader or wander an ancient caravanserai and historical romantics find the past and present begin to blur into one in Central Asia. East of the desert and steppe settlements rise the snow-capped Pamir and Tian Shan ranges of Kyrgyzstan and Tajikistan, home to traditional herding communities and some truly epic mountain scenery. Here community-based tourism projects can bring travelers face to face with nomadic Kyrgyz herders, meeting them in their yurts and on their terms. Travelers ride out to remote lakes on horseback, hike from one village homestay to another, or take a 4WD out to remote archaeological sites.

For decades – centuries even – much of the world has regarded Central Asia as a blank on the map, synonymous with the middle of nowhere, rather than the heartland of Asia. For a certain type of wanderer, this is all part of the attraction of a land that has been largely off-limits to travelers for the last 2000 years. Travelers who head even a little bit off the beaten are likely to have the place to themselves. The region's little-visited oddities, namely Turkmenistan and most of Kazakhstan, are even further removed from the modern world and offer an addictive interest all of their own.

Lonely Planet guides are, quite simply, like no other. – New York Times
Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world. – Fairfax Media (Australia)

[Lonely Planet Central Asia](#) is the most comprehensive guide to the region, and is perfect for discovering both popular and offbeat sights.

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